**COVID RED: Severe COVID-19 Pandemic Outbreak**

- Widespread community or regional transmission of COVID
- There is a significant increase in COVID positive cases OR percent positive cases which may potentially overwhelm the local healthcare system
- There is a significant increase in Flu-Like Symptoms and COVID-like syndromic cases which may potentially overwhelm the local healthcare system
- Hospitals are utilizing Surge Capacity
- There is an inadequate testing capacity for critical workers
- There is inadequate capacity to conduct investigation and contact tracing
- There are shortages of critical medical equipment or testing supplies
- There are PPE shortages impacting critical workers

<table>
<thead>
<tr>
<th>General Public</th>
<th>Outside the Home – Work, Social, in Public</th>
<th>At Home</th>
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</table>
| **Physical Distancing** | • **Stay at home** unless essential personnel traveling for work, or general public acquiring medical care or food  
• Distance at least 6 feet from anyone outside the home  
• Work from home  
• No contact with others | • No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected  
• Self-isolation of symptomatic persons |
| **Face Covering** | • Face coverings when outside of the home and near others | • No face coverings for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected  
• Face coverings for symptomatic people |
| **Hand Washing** | • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating  
• Use hand sanitizer when handwashing is inaccessible or infeasible | • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating |
| **Illness Monitoring** | • If ill with Flu-like or COVID-like symptoms, **Stay at Home** even for essential personnel  
• Minimize contact with symptomatic people  
• Daily temperature checks at work | • Daily temperature check  
• Continuously monitor for COVID-19 symptoms  
• Self-isolation of symptomatic persons  
• Contact healthcare provider if sick  
• Monitor the health of anyone in your home with COVID-like symptoms |
| **Disinfecting** | • Avoid bare hand contact with any high touch surface  
• Use barrier such as paper towel or clothing when bare hand contact is unavoidable  
• Wash hands or apply sanitizer after touching high contact surfaces  
• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures) | • Avoid bare hand contact with any high touch surface  
• Use barrier such as paper towel or clothing when bare hand contact is unavoidable  
• Wash hands or apply sanitizer after touching high contact surfaces  
• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures) |

**At-Risk or Vulnerable Population**

- For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19
- **Stay home**
- Rely on help for needs outside the home (groceries, medications, etc.)
- Distance from those working outside of the home
COVID ORANGE: Elevated COVID-19 Spread Risk

- There are increasing or high stable numbers of COVID positive cases OR percent positive cases due to community or regional spread
- There is an increase in Flu-Like Symptoms OR COVID like syndromic cases in the PHS District or regionally
- Clusters or outbreaks exist that are still likely in their early stages
- There is only enough testing available for symptomatic people
- PHS must rely on assistance to conduct investigation for new cases and associated and contact tracing OR PHS must assist adjacent jurisdictions to conduct investigation and contact tracing
- PPE supplies are only adequate for critical workers
- Critical medical equipment is in limited supply

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| **Physical Distancing** | • Stay at home unless traveling for work, medical care, or food  
• Distance at least 6 feet from anyone outside the home  
• Work from home if possible  
• Individual outdoor activities such as walking, biking, etc. are acceptable  
• Smallest number of contacts feasible  
• Gatherings only with modifications for COVID-19  
• Events only as guided by PHS | • No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected  
• Self-isolation of symptomatic persons  
• Outdoor activities with members of your household are acceptable |
| **Face Covering** | • Face coverings strongly recommended for anyone over 2 years old | • No face coverings for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected  
• Face coverings for symptomatic people |
| **Hand Washing** | • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating  
• Use hand sanitizer when handwashing is inaccessible or infeasible | • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating |
| **Illness Monitoring** | • If sick with Flu-like or COVID-like symptoms, Stay at Home  
• Minimize contact with symptomatic people  
• Daily temperature checks at work | • Daily temperature checks  
• Monitor for COVID-like symptoms  
• Contact healthcare provider if sick  
• Monitor the health of anyone in your home with COVID-like symptoms |
| **Disinfecting** | • Avoid bare hand contact with any high touch surface  
• Use barrier such as paper towel or clothing when bare hand contact is unavoidable  
• Wash hands or apply sanitizer after touching high contact surfaces  
• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures) | • Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures) |

**At-Risk or Vulnerable Population**
- For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19
  - Stay home
  - Rely on help for needs outside the home (groceries, medications, etc.)
  - Distance from those working outside of the home
**COVID Yellow: Moderate Risk of COVID-19 Spread**

- There is a downward trajectory in numbers of COVID positive cases OR percent positive cases due to community or regional spread
- There is a downward trajectory in levels of Flu-Like Symptoms OR COVID like syndromic cases in PHS District or regionally
- There is limited community spread within PHS District or regionally
- COVID has a small impact on the local healthcare system capacity
- PPE supplies are adequate for critical workers and community needs
- Rapid COVID testing is available for all suspected cases and focused asymptomatic surveillance.
- PHS is able to conduct investigation and contact tracing for new cases and associated contacts without assistance
- Critical medical equipment is readily available

### General Public

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<thead>
<tr>
<th>Physical Distancing</th>
<th>Face Covering</th>
<th>Hand Washing</th>
<th>Illness Monitoring</th>
<th>Disinfecting</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Consider staying at home most of the time, with caution for non-essential travel and work</td>
<td>• Face coverings suggested when unable to distance</td>
<td>• Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating</td>
<td>• If ill with Flu-like or COVID-like symptoms, <em>Stay at Home</em></td>
<td>• Avoid bare hand contact with any high touch surface</td>
</tr>
<tr>
<td>• Distance at least 6 feet from anyone outside the home</td>
<td>• Face coverings for symptomatic people</td>
<td>• Use hand sanitizer when handwashing is inaccessible or infeasible</td>
<td>• Minimize contact with symptomatic people</td>
<td>• Use barrier such as paper towel or clothing when bare hand contact is unavoidable</td>
</tr>
<tr>
<td>• Work from home if possible</td>
<td>• Gatherings only with modifications for COVID-19</td>
<td>• Disinfecting</td>
<td>• Daily temperature checks at work</td>
<td>• Wash hands or apply sanitizer after touching high contact surfaces</td>
</tr>
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<td>• Individual outdoor activities such as walking, biking, etc. are acceptable</td>
<td>• Events only as guided by PHS</td>
<td></td>
<td>• Enhanced disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures)</td>
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</tr>
<tr>
<td>• Cautious expansion of interactions with others, outdoor activities preferred</td>
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### At Home

- No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected
- Self-isolation of symptomatic persons
- Outdoor activities with distancing are acceptable.

### At Risk or Vulnerable Population

- For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19
  - Stay home
  - Rely on help for needs outside the home (groceries, medications, etc.)
  - Distance from those working outside of the home
COVID Green: Low Risk of COVID-19 Spread

- Minimal cases of COVID-19 within the community.
- COVID-19 has minimal impact on local healthcare system.
- Viral and antibody testing is readily available.
- There are effective treatment modalities for COVID-19 and an effective vaccine is widely available.
- PPE is easily obtainable through standard supply chains.

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| Physical Distancing | • No distancing, resumption of normal work and community life  
• Resume normal travel with considerations of COVID activity in destinations | • No distancing for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected  
• Self-isolation of symptomatic persons |
| Face Covering | • No face coverings for healthy people  
• Face coverings for symptomatic people | • No face coverings for people without symptoms, unless they are under quarantine as a result of being exposed to someone who is infected  
• Face coverings for symptomatic people |
| Hand Washing | • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating  
• Use hand sanitizer when handwashing is inaccessible or infeasible | • Frequently wash hands for at least 20 seconds, especially after touching high contact surfaces, sneezing/coughing/touching face, or before eating |
| Illness Monitoring | • If ill with Flu-like or COVID-like symptoms, Stay at Home  
• Minimize contact with symptomatic people | • Be aware of COVID-like symptoms  
• Contact medical care provider if you have COVID-like symptoms |
| Disinfecting | • Increased awareness of germ transmission through high contact surfaces  
• Incorporation of COVID-19 disinfection practices for high touch surfaces  
• Avoid bare hand contact with any high touch surface  
• Use barrier such as paper towel or clothing when bare hand contact is unavoidable  
• Wash hands or apply sanitizer after touching high contact surfaces  
• Normal disinfection, especially for high contact surfaces (door/other handles, light switches, bathroom fixtures) | • Increased awareness of germ transmission through high contact surfaces  
• Normal disinfection practices, with consideration for high contact surfaces (door/other handles, light switches, bathrooms) |

At-Risk or Vulnerable Population

For those over age 65, people with underlying health conditions, and other populations at heightened risk from COVID-19

- You do not have to stay home at all times, but should continue physical distancing when possible in public settings.
- Cautious expansion of interactions with others, reengage in small social settings, outdoor activities preferred.
- Avoid large group settings and events with many people.

*Adopted from the Lincoln Lancaster County Health Department 7.23.2020*