



Public Health
Solutions

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District Health Department

IMMEDIATE RELEASE

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First Confirmed COVID-19 Case Reported in Saline County

Stay Home, Stay Healthy, Stay Connected

Public Health Solutions (PHS) reports the first confirmed COVID-19 case in Saline County. The patient, a female in her late teens, is isolating at home and being actively monitored by PHS. An investigation has begun to identify individuals who may have been in close contact with the patient and to determine how the patient became exposed to the virus. This brings the total confirmed COVID-19 cases within the PHS district to twenty-seven (27). There are currently no cases reported in Fillmore, Jefferson, or Thayer counties.

PHS and local health departments across the state join Governor Ricketts in urging every Nebraskan to

Stay Home, Stay Healthy, Stay Connected by following these six rules:

1. Stay home. No non-essential errands and no social gatherings. Respect the ten-person limit.
2. Socially distance your work. Work from home or use the six-foot rule as much as possible in the workplace.
3. Shop alone and only shop once a week. Do not take family with you.
4. Help kids follow social distancing. Play at home. No group sports. And no playgrounds.
5. Help seniors stay at home by shopping for them. Do not visit long-term care facilities.
6. Exercise daily at home or with an appropriately socially-distanced activity.

Following these six simple rules will help stop the spread of COVID-19 in our communities. For more information, please call Public Health Solutions at 402-826-3880.

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