Annual Report
Public Health Solutions
2018
Reflecting & Redefining
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A Letter from our Director
Hello and welcome to the Public Health Solutions 2018 Annual Report. It is with tremendous pride that the PHS staff and Board of Health present this report to you. Providing opportunities for health and wellness to residents of Fillmore, Gage, Jefferson, Saline, and Thayer counties is our passion and I am confident you will see this passion at work as you review our 2018 highlights.

As our staff looks back on the past year, we are reminded of just how far we have come in “reflecting and redefining” our work. We have made a very conscious effort to take our department back to the basics and begin building a solid foundation based on our mission and a clear and renewed vision. As you will see in this report, we have tackled big challenges and made huge strides in the areas of quality improvement, performance management, workforce development, assessment, and community planning. We also know and appreciate that our work is only possible through partnerships and collaborations. We take partnerships very seriously and are always looking for new and innovative ways to leverage resources that benefit individuals, families, and communities.

In order to accomplish all that we have set out do, we also had to take a step back and evaluate our team dynamics. We recently developed a new motto here at PHS and that is, “Strong Team, One Vision”. No vision, no mission, no strategic plan will matter if we don’t invest in our greatest resource, our staff. By empowering our staff with the resources and support they need, they are able to go out into the community and facilitate impactful changes that truly provide healthy opportunities for everyone where we live, learn, work, and play. Their dedication is evident on every single page of this report and PHS is better because of the talented, creative team that chooses to come to work every day and make a difference.

We hope that our Annual Report reflects the positive energy here at PHS. From the top down and bottom up, we have re-worked how we do business. Please check out our new and improved social media and website so that you can follow us on our journey. We are here to serve you.

And stay tuned….2019 is already shaping up to be another transformational year for PHS!

Kim Showalter RN, BSN
Health Director
Our Team
Back (from left): Deb Wendelin, Carmen Chinchilla-Gutteriez, Debbie Pohlmann, Laura Wooters, Kim Showalter, Jill Kuzelka, Crystal Bartels, Lori Wagers, Kelly Erikson

Front (from left): Megan Garcia, Rhonda Theasmeyer, Layla Cabrera, Kate Lange, Jen Hansen, Sonya Williamson

Not Pictured

Elia Ornelas

Former Team Members

Sharon Leners

Karen Husa
Our Leadership
Board of Health Members

Back (from left): Dr. Josue Gutierrez, John Hill, Dave Bruning, Dave Norton, Larry Cerny, Tim Pickering, Dr. Bruce Kennedy, Mark Schoenrock

Front (from left): Judy Henning, Christy Lucking, Stephanie Knight

Not Pictured

Janet Henning
Our Mission

To prevent disease and injury, promote wellness, and protect the personal, community, and environmental health of all people in Fillmore, Gage, Jefferson, Saline and Thayer counties in Southeast Nebraska.
Public Health

Core Functions

1. Evaluate
2. Monitor Health
3. Diagnose & Investigate
4. Inform, Educate, Empower
5. Mobilize Community Partnerships
6. Develop Policies
7. Enforce Laws
8. Link To/Provide Care
9. Assure Competent Workforce
10. System Management

ASSESSMENT
POLICY DEVELOPMENT
ASSURANCE
Our Partners
Partners for a Healthy Community is a coalition of community and organizational leaders and advocates from Fillmore, Gage, Jefferson, Saline, and Thayer counties. The overall goal of the 2018 project was to complete a community health needs assessment and develop a comprehensive Community Health Improvement Plan for our five-county region. Coalition members volunteered their time because they care about their communities and wanted to help create the best possible environments for their friends and neighbors. PHS wants to thank the Partners for a Healthy Community coalition for their tireless work and dedication throughout 2018. By tackling tough issues, examining current data, asking for direct community input, and taking a look at best practices in health improvement, Partners for a Healthy Community has developed a comprehensive Community Health Improvement Plan that includes measurable goals, and tangible action steps to measure progress and effect real and lasting improvements in our district!
Redefining Ourselves
Quality Improvement

Over 200 hours of PHS staff members time spent in direct quality improvement training.

- 1 large QI project completed by the entire PHS team within 3 months.
- 4 small QI groups currently working or have completed department priority projects.
- 1 comprehensive QI plan written and currently being implemented.
- 1 huge commitment by PHS staff members to create a culture of quality within our department.

Performance Management

13 department programs put into Clear Impact Results-Based Accountability system to track successes and identify areas for improvement

- One major shift in the way PHS aligns day-to-day activities with strategic departmental objectives to improve our communities’ health and wellness
- 3 staff members selected to participate in Clear Impact Administrator training to build capacity for monitoring and tracking program performance and overall department impact in PHS district communities

Accountability

18 staff members received annual evaluations under the new workforce development system.

- More than 36 performance and professional goals were developed by staff members in order to facilitate accountability, professional development, and increased skill levels.
- 100% transparency implemented. Every success, every challenge, every mistake is discussed, evaluated, and used as a learning experience. Everything matters.
Our Vision
Community Health Assessment/Community Health Improvement Plan (CHA/CHIP)

35 community stakeholders from across the district signed on to form Partners for a Health Community. Regional Steering Committee meetings were held from May through December, with over 100 hours of time provided by community stakeholders.

Four Assessments Were Completed:

01. Online community health survey (offered to the community)
02. Forces of Changes assessment (completed by the Regional Steering Committee)
03. Local Public Health System assessment (completed by community partners)
04. Assessment of gathered data from a wide variety of health, wellness, and environmental indicators.

Four Priorities Identified:

01. Mental Health (including mental and emotional well-being and substance abuse)
02. Chronic Disease (specifically obesity, hypertension, high cholesterol, and diabetes)
03. Access to Resources and Opportunities (health equity)
04. Environmental Health (focused on safe and healthy community environments)

A new, collective vision emerged:

“Healthy opportunities where we live, learn, work, and play.”
Our Impact

POPULATION PROTECTION

SAFE & THRIVING COMMUNITIES

FAMILY & INDIVIDUAL WELLNESS
Nearly **2,800 immunizations given.**

- 27 business/organizational clinics, 700 immunizations given.
- 119 public Immunizations clinics in Gage, Saline, and Thayer counties

**147 WALK-IN CLIENTS** received numerous immunizations in our Crete office.

- 33 schools within the PHS five-county district participated in the SKIP flu program.
- **2,482 students and 584 adults were immunized against the flu.**

**23 families with children with elevated blood lead levels were provided with case management.**

- 22 district-wide in-home childcare providers were provided education on the dangers of long-term radon exposure, testing kits, and resources to mitigation services.
- **214 radon kits were distributed in five-county service area.**

**Implemented an internal mass notification system preparing staff to respond to potential public health emergencies.**

- 38 animal exposure cases were provided with follow-up and education.
18 third-year medical students assisted in completing their community engagement project.

11 dental hygiene students completed their public health requirements.

70 first responders were trained on naloxone use.

12 participants attended “Stop the Bleed” educational session.

25 new partnerships were created.

Provided outreach and/or referrals for 90 Veterans and 69 Military family members.

502 QPR Gatekeepers were trained in 2018.

Implemented Hope Squads in three district schools and activated LOSS (Local Outreach to Suicide Survivors) Team.

291 individuals received disaster preparedness training.

99 people were trained on Tai Chi-Moving for Better Balance.

26 people attended the Stepping On class in our district.

PHS Staff participated in the 2018 National Day of Service on 09/11.
61 public school employees certified in CPR.

3 child care providers certified in pediatric first aid and CPR/AED.

Conducted walk audits, walking maps and educational brochures to staff and students in 7 school buildings and one community housing campus.

4 key community locations connected to Hebron’s downtown through new paved trails

3 coalitions with numerous partnerships implemented community-improvement projects and increased walking, biking, and overall health

3 wayfinding signage projects encouraging community members to walk and bike to key community locations

Five “Pop-Up” Teddy Bear Clinics hit the road to surprise kiddos in each of our counties.

150 children aged 3-6, adopted a teddy bear and gave them a “Well Teddy Check-Up” before taking them home.

3,303 people liked, commented on, and/or shared PHS social media posts in 2018.
574 people were provided with dental services.

46 children referred for free dental care at Dental Day*.

*made possible by support from Saline County Commissioners

80 clients were provided with Economic Assistance applications.

75 clients were provided with Medicaid applications.

140 clients were provided with Resource Fact Sheets and/or referral sources.
77 individuals screened were found at risk for prediabetes.

37 individuals screened were found with hypertension.

15 individuals screened were found pre-diabetic.

78 individuals received referrals to organizations for care.

52 individuals received case management from a Community Health Worker.

1 local hospital was assisted in developing and implementing a standing order set for referring people with prediabetes to a NDPP Smart Moves Program.

The Healthy Community Alliance Clinic was made possible by the generous support of two anonymous donations and a grant from Blue Cross Blue Shield.

30 patients received care through the Healthy Community Alliance Clinic with 80% of hypertensive patients showing improvement and 67% of diabetic patients showing improvement.

0% of our patients visited the emergency room due to their chronic conditions!

101 FOBT kits were distributed district wide.

65 families served

909 Home visits were completed

100% of children were routinely screened for developmental delays: 18% identified as having developmental delays and referred to early intervention services

100% of primary parents screened for depression and 42% were referred to services

92% of children were up to date on childhood immunizations

500+ children and families were served in 2018.

19 Childcare Providers/Pre-Kindergarten teachers coached and trained in the Pyramid Model.
Our Financials

Total Revenue: $1,517,189.65

- General Fund (22.48%) $341,050.96
- Federal (4.68%) $71,061.74
- Federal Through State (24.67%) $374,346.31
- State (24.95%) $378,590.42
- Local (8.79%) $133,280.87
- Services (14.43%) $218,859.35
# PHS Expenditures FY 2018

## General Funds

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<td>LB 1060</td>
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<td>LB 692</td>
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## Federal - Straight to PHS

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<td>AHEC</td>
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<td>AmeriCorps</td>
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## Federal - State Pass Through

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<td>Minority Health</td>
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<td>West Nile Virus</td>
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## State

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<td>Tai Chi</td>
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<td>Other</td>
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## Local

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<td>ECI - Rooted Relations</td>
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<td>Other Grants</td>
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## Services

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<td>Health Care Connections</td>
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<td>Dental Services</td>
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<td>SKIP Flu Reimbursement</td>
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