

Regional Steering Committee Meeting Minutes

Date: Thursday, July 26, 2018

Time: 3-4:30 p.m.

Location: The Brew House, 1206 Main Avenue, Crete, NE

Host: Crete Area Medical Center



RSC Members in Attendance: Larry Cerny, Jill Davis, Fabiola Dimas, Kathy Erickson, Dr. Josue Gutierrez, John Hill, Stephanie Knight, Christy Lucking, Shari Michl, Rebekah Mussman, Mark Schoenrock

PHS Members in Attendance: Kim Buser, Carmen Chinchilla, Megan Garcia, Kate Lange, Sonya Williamson, Debra Wendelin

Facilitator: Sondra Nicholson, NALHD

Welcome and Introductions

- **Vision Statement** – *Creating healthy opportunities where we live, learn, work and play.*
- **“Thank you”** to Rebekah Mussman and Crete Area Medical Center for hosting meeting.

Data Collection Needs

Sondra drew a “road map” illustrating where the Regional Steering Committee began its journey and the paths still ahead.

- Health Status – information we can readily find (matrix)
- Community Survey – input by community on whether or not they have opportunities to be healthy
- Systems Assessment – “where we are at today” - work with partners to find strengths and locate areas for improvement opportunities in our five-county area – prioritize issues and make an action plan to achieve those issues
- Critical Challenges – will be discussed on August 29, 2018 RSC meeting
- Action Plan – will be discussed on September 27, 2018 RSC meeting

The Community Health Survey 2018 is launching today and we need Regional Steering Committee members to push out to community members. The survey will provide insight on health perceptions and quality of life within their community. Our goal is 500 responses. The survey is accessible through several avenues including a website link that takes you directly to the survey, paper form, and can be imbedded in a website. Public Health Solutions will conduct a direct mailing campaign reaching approximately 9,000 households. A postcard will be mailed that includes a QRP code that you can scan with your phone taking you directly to the survey. Targeted groups include low income, non-English speaking and those over 65 years of age. The survey is also available in Spanish. PHS will disburse survey information by utilizing health fairs to affix the postcard to windshields, asking clients that enter our office to complete a survey, and will offer to read the survey to those who cannot do so. Regional Steering Committee members will receive an email from Kim with links to survey. The Community Health Survey will close on August 20, 2018.

The Systems Assessment Survey is also launching today and we need members of the Regional Steering Committee to provide us their input on how well our community system addresses the health needs of all individuals in the counties we serve. The Systems Assessment Survey is all about organizations and

the many hats they wear. Sondra asked members to brainstorm their ideas, share their ideas, and, if organizational wide, answer in your teams. This is the first time PHS has aligned their questions with other National and Statewide surveys.

The Health Status Matrix has been put together by PHS to align with the vision of the Regional Steering Committee (*Creating healthy opportunities where we live, learn, work and play.*) Domain represents vision categories – Quality Affordable Housing, Full Spectrum Wellness, Community Connected Education, Strong Families, Safe & Thriving Communities, and Social Equity. Each domain has indicator groups with indicators for those groups. Measures are the percentages, numbers, averages, etc. of the indicator. The Source of Data shows where we can get data (secondary data sources).

Sondra asked the group several questions for their feedback. **What do we want to accomplish with this data? Is it relevant to our mission? What will it tell us about our communities? Is this all the data we need to see for health and wellness in our area?**

As a group, **what stands out to you about the data**, what catches your attention?

- Standards change and that will impact data
- Access to resources (rural areas)

What information is missing that would give us evidence to support our mission?

- Nebraska Department of Education (NDE) – better resource for education
- Truancy rates
- Number of kids that don't have formal schooling prior to start
- Timely Response – Nebraska Statewide EMS Service – fire fighters and EMS need to be separate
- BRFSS – youth suicide attempts
- Adequate support systems
- Primary care providers for mental health
- Clean physical environment – Brownfield clean-up
- Providers that accept types of insurance
- Adverse Childhood Experience
- Nebraska Risk and Protective Factor survey (source for youth)
- AHEC – provider list across the state
- Office of Rural Health
- Under “Discrimination” add ethnicities especially Hispanic and Asian
- Percentage of students with IEP's and for what reason (behavior)
- Proportion of healthy and unhealthy foods in grocery stores and convenience stores
- Percentage of students who are proficient at reading, math and science (NDE)

Is there anything we need to delete?

What excites you about this data?

- Provides opportunity to be informed
- Creates a baseline so we can move forward

What is the criteria on how we analyze the data?

- Multiple and credible sources of data
- Demographics of county
- Pay attention to the things we can influence
- Data that crosses the district

Sondra shared with the group that what they are actually doing is mobilizing action for planning a partnership. We are now at the crossroads and need to evaluate how we go forward. We still need to complete action planning to achieve our vision.

The group's next meeting will be held on August 29, 2018 at Jefferson Community Health and Life in Fairbury. Currently the last scheduled meeting is set for September 27, 2018 at the Homestead in Beatrice. Sondra anticipates additional meetings will be necessary to complete our vision.

Sondra proposed the committee break out into mini-groups with no less than five participants to review the data. Everyone self-selects what group they want to be in. These mini-groups would then report back to the committee at the August 29 meeting. Or, do we want to approach the data as one large group looking at the strategic issues in a non-number way. Last approach would be to stay with what we are doing and the committee work through all the date at the August 29 meeting.

The group responded that they were confident that if Sondra felt mini-groups would be the most beneficial approach that is the way to proceed.

Wrap up

Sondra will send out an email to all members to include:

- Summary of today's meeting
- Indicate what the mini-groups are and include a sign-up sheet for each
- Next meeting date – if not part of mini-groups
- System Assessment survey for members to complete

Next Meeting Dates/Locations:

Wednesday, August 29, 2018 – 8 a.m.-noon – Jefferson Community Health & Life, 2200 H St., Fairbury

Thursday, September 27, 2018 – 8:30-11:30 a.m. – Homestead National Park, Beatrice

