

Regional Steering Committee Meeting Minutes

Date: Wednesday, June 20, 2018

Time: 8:30-11 a.m.

Location: Geneva Public Library, 1043 G Street, Geneva, NE

Host: Fillmore County Hospital



RSC Members in Attendance: Larry Cerny, Trudy Clark, Dusty Duis, Kathy Erickson, Pastor Greg Gabriel, Steve Hensel, Chad Jurgens, Stephanie Knight, Shari Michl, Shari Miller, Rebekah Mussman, Chris Nichols, Tim Pickering, Mark Schoenrock

PHS Members in Attendance: Kim Buser, Carmen Chinchilla, Megan Garcia, Kate Lange, Kelli Niemeier (Intern), Sonya Williamson, Debra Wendelin

Facilitator: Sondra Nicholson, NALHD

Welcome and Introductions

- **Vision Statement** – *Creating healthy opportunities where we live, learn, work and play.*
- **“Thank you”** to Fillmore County Hospital in Geneva for hosting meeting.
- **Where does your work fit in?**
 - Sondra asked for each attendee to stand up and provide their name and what health factor (health behaviors, clinical care, social, economic, physical environment, etc.) they represent at their job.

Forces of Change Workshop

- **What are Forces of Change?**
 - Big-picture thinking, environmental scan
 - **Trends** – patterns over time, such as migration in and out of a community or a growing disillusionment with government.
 - Home foreclosure
 - Unemployment rates
 - Educational wealth
 - Latin American Immigration
 - Aging population
 - **Factors** – discrete elements such as a state or community’s large ethnic population, a rural setting, or a jurisdiction’s proximity to a major waterway.
 - Teen pregnancy
 - Declining funding
 - Prevalence of obesity
 - Intergenerational issues
 - Slow economy
 - **Events** – one-time occurrences, such as a hospital system closure, a natural disaster, or the passage of new legislation.
 - 9/11 attack
 - Natural disaster
 - Closing of a major industry

- Housing market crash
- **Divide and work in small groups to determine Forces of Change**
 - Select a scribe
 - 1 idea per ½ sheet of paper
 - 3-7 words maximum
 - Write **BIG**
- Once forces are determined, **what are the opportunities and threats of those forces**
- **What will be influencing the health and quality of life for our communities and/or the work of our public health system?**
 - Group thoughts...
 - Economic – farming economy – ripple effect bad weather, poor crops, low prices
 - Nebraska funding sources dwindling
 - Beatrice 6 – \$28.1 million judgment against Gage County in the case against the county and two deputies, ruling in favor of six people who served prison time for a crime authorities later connected to another man – taxpayer burden, people selling homes and moving out of Beatrice
 - Health insurance
 - Federal immigration policy
 - Underlying issue?
 - **Money** – if you can’t survive economically, you will move impacting geographical changes.
 - **Collaboration** will be the key as you determine how do you do more for less

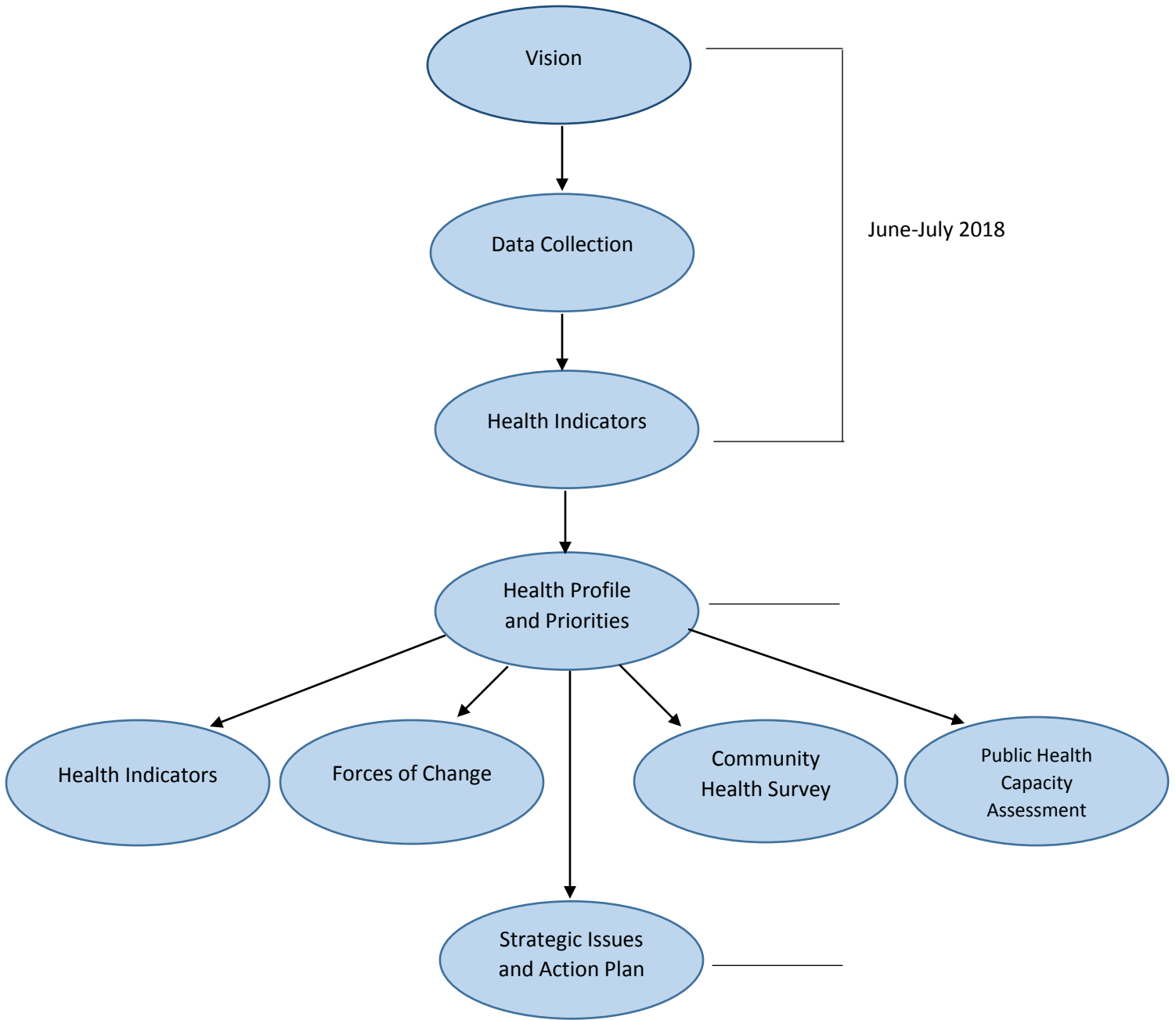
Forces of Change

Forces (Trend, Events, Factors)	Threats Posed	Opportunities Created
<p>Lack of Early Intervention and Prevention</p> <ul style="list-style-type: none"> • Changing roles of families • Coping skills/resiliency • Increased mental illness/children • Mental health issues • Increased mental health challenges/awareness • Chronic Disease • <u>Opioid</u> crisis 	<p>Increased incarceration, violence, school shootings, suicide & addiction</p> <p>Lack of funding</p> <p>Lack of providers in rural communities</p> <p>Social problems/untreated illness</p> <p>Changing family dynamics/generational cycle</p> <p>Increased societal costs</p> <p>Stigma</p> <p>Lack of awareness of services</p> <p>Inability to manage stressors</p> <p>Stability</p> <p>Feeling of belonging/being needed</p>	<p>Prevalence of chronic illness & untreated trauma</p> <p>Collaboration between stakeholders</p> <p>Align reimbursement incentives</p> <p>Avoiding stereotypes</p> <p>Maximize availability of services</p> <p>Non-traditional partnership</p> <p>Education</p> <p>Advocacy</p> <p>Research to support need</p> <p>Mental health credit courses in school</p> <p>Increased social support</p>
<p>Technology</p> <ul style="list-style-type: none"> • Technology affecting information availability 	<p>Less social interaction</p> <p>Dependence on technology-what happens if it fails?</p> <p>Addiction (time lost)</p> <p>Bullying</p> <p>Lack of access (individual)</p> <p>Time to educate</p> <p>Need for instant gratification</p> <p>Development of new workforce skills</p> <p>National security</p> <p>Abundance of misinformation</p>	<p>Telehealth in-home care mental health specialist</p> <p>Big data</p> <p>Increased ability to share</p> <p>Health information</p> <p>Disease management</p> <p>Education</p> <p>Building relationships and/or networks</p> <p>Increase access to all (broadband capability)</p> <p>Innovation</p> <p>Development of new workforce skills</p> <p>Globalization</p>
<p>Access to Opportunities</p> <ul style="list-style-type: none"> • Increased poverty • Affordable housing • Access to medical services 	<p>Poverty</p> <p>Lack of awareness of opportunities</p> <p>Social/economic prerequisites</p> <p>Lack of imagination</p> <p>Geographic location</p> <p>Stigma associated with services</p> <p>Lack of transportation to services</p> <p>Oppression of social classes/dominance of a social class</p>	<p>People care enough to help others</p> <p>Awareness</p> <p>Education – what is there?</p> <p>Disease prevention</p> <p>Health promotion</p> <p>Tele-medicine</p> <p>Lower stigma – more open conversations</p> <p>More transitional housing opportunities/equity</p>

<p>Competing Funding Priorities</p> <ul style="list-style-type: none"> Decreased funding for services Federal/State budget decline Politically-oriented funding opportunities 	<p>Instability</p> <p>Continued decreasing of services</p> <p>Lobbying becomes more important</p> <p>Competition favoring larger organizations</p> <p>Services driven by funding streams</p> <p>Loudest voice gets the funding</p> <p>Priorities determined by political party lines</p> <p>Lack of innovation and collaboration</p> <p>Put \$ into corrections instead of education, intervention & prevention</p>	<p>Healthy Competition</p> <p>Data-driven incentives (showing value)</p> <p>Advocacy – research – job opportunity</p> <p>Drives innovation</p> <p>Increased interest in government participation</p> <p>Agency collaboration – strength in numbers</p> <p>Share great ideas</p> <p>Spend \$ on root causes of problems</p>
<p>Political Environment</p> <ul style="list-style-type: none"> Political discord Lack of community voice Federal immigration policy 	<p>Population polarization</p> <p>Fear</p> <p>Limited dialogue</p> <p>Catastrophic event</p> <p>Gridlock</p> <p>“Popularity” doesn’t equate to competence</p> <p>Lost civility</p> <p>Backlash/protest/riots</p> <p>Funding barriers to seek office</p>	<p>Voting</p> <p>Advocacy</p> <p>Activism</p> <p>Stronger unity (possibly after major event)</p> <p>The public is becoming aware that candidate selection is important to the choices we have on election day</p> <p>Political awareness</p> <p>Intergenerational involvement</p> <p>Innovation</p>
<p>Lost Civility</p>	<p>Violence</p> <p>Moral drift – lowering the bar on behavior</p> <p>Apathy</p> <p>Human cost</p> <p>Lack of respect/dialogue is missing</p> <p>Social isolation</p> <p>Despair</p> <p>Unwillingness to accept personal responsibility</p> <p>Technology/bullying</p> <p>Economic cost</p>	<p>Learn from things that are going wrong</p> <p>Bring untraditional groups together</p> <p>New leaders emerge</p> <p>Challenge social norms – where we were and what’s happening now</p> <p>Freedom from “correctness” and ideas and opinions matter even if we disagree</p> <p>If we choose, we can treat each other with respect</p> <p>Exchange of ideas leads to greater opportunity and raises the standard of living for all</p>
<p>Changing Demographics</p> <ul style="list-style-type: none"> Aging volunteer pool Workforce shortage Demographic changes +/- Employment (recruiting, retention, difficulties) Lack of housing 	<p>Aging population</p> <p>Decreasing population</p> <p>Lack of economic opportunity</p> <p>Affordable/livable housing</p> <p>Lack of well-paid jobs</p> <p>Caregiver stress (aging parents, raising grandkids)</p> <p>Decreased volunteerism</p> <p>Chronic illness management</p> <p>Lack of health care services (mental health, etc.)</p> <p>Conflict</p>	<p>Recruit people/families who desire rural lifestyle</p> <p>Promoting rural life</p> <p>Informal social network</p> <p>Telehealth</p> <p>Multi-generational collaboration</p> <p>Celebrate differences (culture, etc.)</p>
<p>Environmental Influences</p>	<p>Safety (chemical)</p> <p>Livelihood</p> <p>Food supply</p> <p>Resources to address</p> <p>Fear</p> <p>Climate change</p> <p>Pollution</p> <p>Waste</p> <p>Lack of water supply</p> <p>Apathy</p> <p>Threats to ecosystem</p> <p>Increasing inequality</p> <p>Increase in diseases</p>	<p>Education</p> <p>Awareness/practices</p> <p>Technological advances</p> <p>Conservation</p> <p>Caring individuals willing to influence others</p> <p>Innovation</p> <p>Sustainable energy</p> <p>Economic advantages</p>

- **What excites you about what the Factors of Change that your groups came up with?**
 - How broad determinants of health care can be
 - Greatest impact is at the strategic level
 - Problems reach higher than level of care

What's coming down the pipe?



- Regional Steering Committee members are asked to channel the Community Health Survey to community members. Survey will be available on line as well as a paper version. Survey will be available in Spanish.

How does your community rank?

- Data taken from www.countyhealthrankings.com

Health Outcomes Today's Health Quality and Length of Life		Health Factors Tomorrow's Health Modifiable Conditions	
Gage	41	Thayer	26
Saline	42	Fillmore	27
Thayer	55	Jefferson	45
Fillmore	58	Saline	50
Jefferson	74	Gage	64

in tomorrow's health will reduce numbers in today's health

- Lower the number, poorer the health
- Ratings are out of 80 counties in Nebraska

Coming together is a beginning, keeping together is progress, working together is success!

Wrap up

- **Next Meeting Dates/Locations**

Thursday, July 26, 2018 – 3-4:30 p.m. – The Brew House, 1206 Main Avenue, Crete

Wednesday, August 29, 2018 – 8-noon – Jefferson Community Health & Life, 2200 H Street, Fairbury

Thursday, September 27, 2018 – 8:30-11:30 a.m. – Homestead National Park, Beatrice