

Regional Steering Committee Minutes

Date: Thursday, May 17, 2018

Time: 8:00 – 9:30 AM

Location: Doane College – Crete, NE



Attendance: Linda Ament, Theresa Barnes, Scott Bartles, Dulce Castaneda, Larry Cerny, Trudy Clark, Fabiola Dimas, Josue Gutierrez, Janet Henning, Kelly Jirovec, Chad Jurgens, Bruce Kennedy, Stephanie Knight, Christy Lucking, Shari Michl, Rebekah Mussman, Chris Nichols, Tim Pickering, Mark Schoenrock, Cara Small, Michael Sothan, Kim Buser, Carmen Chinchilla, Megan Garcia, Jennifer Hansen, Kate Lange, Sonya Williamson, Laura Wooters, Sara Yelkin, Susan Bockrath, Sondra Nicholson

Welcome and Introductions

Kim Buser -

- Kim welcomed everyone and introduced herself.
- Public Health Solutions job truly is to move our services and move our focuses upstream. In order to move upstream, we need to focus on three things.
 - o We need to stay in our lane and do what public health does.
 - We don't want to duplicate any services that are going on in the community.
 - o Public Health is charged with certain responsibilities. We want to do our responsibilities and do them very well
 - Quality improvement measures
 - Performance standards/measures
 - o We need to form new/unique partnerships to share resources
- We invited you all here to determine the needs in our five counties (Jefferson, Gage, Saline, Thayer, and Fillmore). What is the state of health and wellness in these counties? You are the experts, you represent organizations, people and governments. The hope is when we are done, we will all have a better understanding of what is going on in our community, what the needs and the gaps are in our resources and that we can share our resources with each other and the community.

Jen Hansen -

Jen gave the group a brief overview of Partners for a Healthy Community

- Jen spoke about the handout in the packet, the infographic of a healthy community. It gives everyone a look at the strategies and activities we are all engaged in our community.
- Jen introduced Sondra Nicholson, our Partners for a Healthy Community facilitator.

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Sondra briefly went over where the restrooms, exits and the AED was located. She went around the room to ask all Regional Steering Committee (RSC) members to introduce themselves.

- Please tell us your name, organization, what county you live in and what impacts you/your family's quality of life.

| Name | Organization | County | What impacts your quality of life? |
|---------------------|-----------------------------------|---------------|--|
| Megan Garcia | PHS | Fillmore | Stress |
| Carmen Chinchilla | PHS | Lancaster | Food and exercise choices, environmental health |
| Kim Buser | PHS | Saline | Social Connections |
| Sara Yelkin | PHS | Lancaster | Income, Time |
| Sonya Williamson | PHS | Saline | Health Insurance |
| Jen Hansen | PHS | Lancaster | Safe Environment |
| Laura Wooters | PHS | Lancaster | Time, Family caretakers |
| Kate Lange | PHS | Thayer | Time, Resources |
| Scott Barles | Saline County Area Transit | Saline | town policies, lack of regulations |
| Shari Michl | Fillmore County Hospital | Fillmore | Family Caretakers, Health Insurance |
| Mark Schoenrock | Jefferson County Commissioner | Jefferson | Healthy environment |
| Christy Lucking | Fairbury Public School | Jefferson | Time |
| Michael Sothan | Mainstreet Beatrice | Jefferson | Recreational Activities, Healthy Activity |
| Jannet Henning | Saline County Commissioner | Saline | Grief |
| Rebekah Mussman | Crete Area Medical Center | Saline | Daycare/School, Access to healthcare/healthy nutrition |
| Theresa Barnes | Blue River Women's Center | Gage | Addiction, lack of attention and resources |
| Trudy Clark | Bruning Davenport Schools | Thayer | finding resources for families with mental health |
| Larry Cerny | Fillmore County Commissioner | Fillmore | Mental Health of young people |
| Fabiola Dimas | Crete Public Schools | Saline | Technology |
| Josue Gutierrez, MD | Saline Medical Specialties | Saline | Time |
| Tim Pickering | Nebraska State Patrol | Thayer | Autism Resources/Assistance/Convince |
| Chad Jurgens | Jefferson Community Health & Life | Jefferson | Health and wellness |
| Linda Ament | Beatrice Community Hospital | Gage | Healthy lives for grandchildren |
| Chris Nichols | Fillmore County Hospital | Fillmore | Technology |
| Bruce Kennedy, DDS | Kennedy Family Dentistry | Saline | Environment access to resources |
| Stephanie Knight | Fillmore County Hospital | Fillmore | Life balance in family |
| Kelly Jirovec | Doane College - Crete | Saline | Access to care, uninsured, financial resources, |

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| | | | transportation |
| Dulce Castaneda | City Of Crete | Saline | Healthy food and recreation |
| Cara Small | ESU 6 | Lancaster | Time and technology |
| Susan Bockrath | NALHD | Lancaster | Schools, and recreation activities |

Overview of CHA/Chip Process

Sondra gave a brief explanation of the CHA/CHIP overview handout.

- There will be 4 meetings to complete the Community Health Assessment (CHA) and about 3 meetings to complete the Community Health Improvement Plan (CHIP) process.
 - o Some of the work will be online and some will be in person
- A large piece of this is collecting the data
 - o Please give thought of someone in your organization that may have access to data
 - o We will be doing a community health survey to collect data
- CHA/CHIP process
 - o Create a vision
 - o Assess the communities Health and Resources
 - o Determine health priorities
 - o Develop Community Health Profile
 - o Choose effective CHIP strategies
 - o Committee coordinate progress on CHIP strategies and incorporate designated priorities into organizational strategic plans
- The most important part is the people in the center, you, which is the core. Networking and establishing relationships in your communit

Reveal Rankings

Sondra introduced the County Health Rankings & Roadmaps (2018 Report in packet). Ranking the health of nearly every county in the nation (based on the model below), County Health Rankings and Roadmaps (CHR&R) illustrates what we know when it comes to what is keeping people healthy or making them sick and shows what we can do to create healthier places to live, learn, work and play. CHR&R brings actionable data, evidence, guidance and stories to communities to make it easier for people to be healthy in their neighborhoods, schools and workplaces.

The Robert Wood Johnson Foundation (RWJF) collaborates with the University of Wisconsin Population Health Institute (UWPHI) to bring this program to cities, counties, and states across the nation.

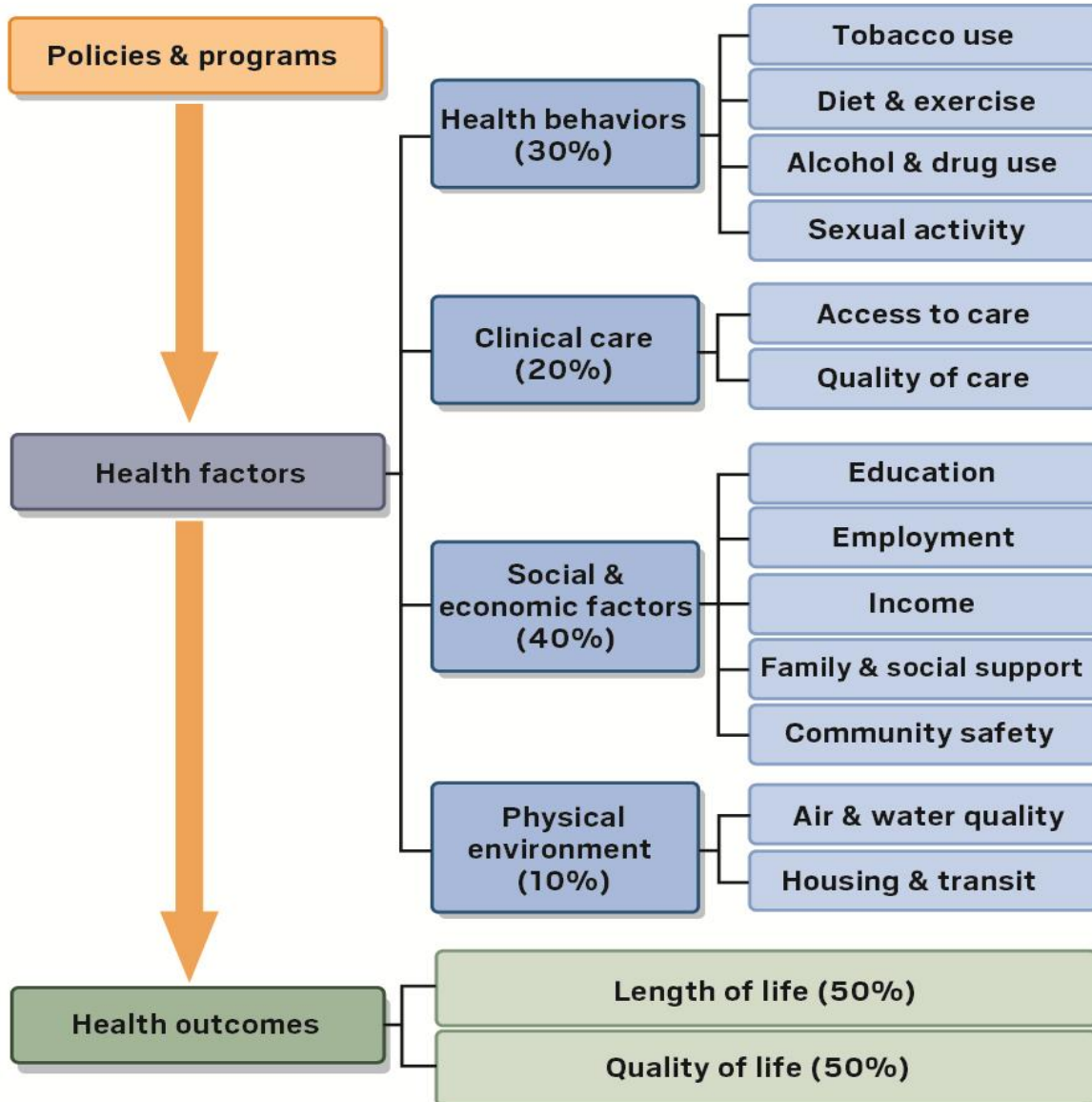
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County Health Rankings Model

Health rankings are based on a model showing that communities' policies and programs impact numerous health factors that produce health outcomes.



Source: University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation

SCNG

Create a Vision

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 Sondra had the RSC break into groups of 5.



- What does a healthy community mean to you? How do you define a healthy community?
 - o After brainstorming in groups, this is the final outcome

| Quality Affordable Housing | Full Spectrum Wellness | Community Connected Education | Strong Families | Safe & Thriving Communities | Social Equity |
|------------------------------|--|-------------------------------|----------------------------|---------------------------------|---------------------------|
| Housing (Safe & Affordable) | Redefying what complete Healthcare means | Education | Social Determinates | Vibrant Places/ Community Pride | Equity |
| Quality & Affordable Housing | Mental Health | Quality Education | Strengthening Family Unity | Safe Community | Equal Opportunity for all |
| | Access to Affordable Healthcare | | Quality Childcare | Thriving Community Growth | Living Wage |
| | Resources Identified & Available | | | Clean Physical Environment | Workforce Development |
| | Timely Emergency Response | | | Social Connectedness | Racial Bias |
| | Prevention of Disease through Education | | | Forward Thinking | |
| | | | | Access to Internet | |
| | | | | Safety (Law, Crime Rate) | |
| | | | | Lower Crime Rate | |

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Wrap Up



Sondra Nicholson –

- A doodle poll will be sent out to all RSC members about future meeting dates and locations.
- Is anyone willing to host? We have a total group of 40
- Wednesdays seem to be the best day that works for everyone. Morning time is best
- We will send a few different statements for the vision to all RSC members to vote on.
 - o Next meeting we will have a set vision

- **Preferred communication methods**
 - o Please watch for emails from Sondra Nicholson snicholson@nalhd.org
 - o “Partners for a Healthy Community” will usually be in the subject line
 - Public Health Solutions main contact: Kim Buser, Health Director at 402-826-6680 or via email kbuser@phsneb.org

Thank you for your time today, we appreciate you spending your time with us and you all did an amazing job on the visioning!

Meeting Minutes prepared by Sara Yelkin on Friday, May 18, 2018